

## Active/Passive Practice: Procedure

**Directions:** Fill in the blanks with the correct active or passive form of the given verb in this excerpt from a procedure essay.

### The Facelift Procedure

The facelift procedure, or rhytidectomy (carry out) \_\_\_\_\_ to tighten the skin of the face and neck, giving the patient a more youthful and rested appearance. In an effort to rejuvenate the appearance of their face, more and more people (undergo) \_\_\_\_\_ the procedure, placing it among the top five plastic surgeries performed in the U.S. Patients must, however, be aware that the texture of the skin on the face (not modify) \_\_\_\_\_ by the facelift procedure; that is, facial skin conditions such as fine lines, acne scars, and age spots (return) \_\_\_\_\_ to their original texture and presentation regardless of how tightly the skin (pull) \_\_\_\_\_. Nevertheless, some patients (believe) \_\_\_\_\_ they appear a decade younger than their actual age after the procedure. Facelift surgery (perform) \_\_\_\_\_ in three stages.

In the first stage, a number of steps (take) \_\_\_\_\_ to prepare the patient for the procedure. These (include) \_\_\_\_\_ taking the patient's medical history since certain conditions, such as hypertension or past clotting problems, (make) \_\_\_\_\_ the surgery more risky. When the medical history (take) \_\_\_\_\_, the patient (ask) \_\_\_\_\_ to inform the doctor of any medications or supplements s/he is regularly (consume) \_\_\_\_\_. Also during this preparatory visit, the doctor (give) \_\_\_\_\_ the patient a set of instructions to follow. Smokers (require) \_\_\_\_\_ to stop smoking four weeks in advance of the surgery, and aspirin (avoid) \_\_\_\_\_ a week prior to the surgery. Finally, the patient (arrange for) \_\_\_\_\_ a companion who can (drive) \_\_\_\_\_ him home after the surgery. Just prior to the surgery, the patient (anesthetize) \_\_\_\_\_.

The second stage is the procedure itself, which usually (last) \_\_\_\_\_ around four hours. To begin with, incisions (make) \_\_\_\_\_ in areas such as the hairline and/or around the ears. The surgeon then (reposition) \_\_\_\_\_ and (tighten) \_\_\_\_\_ the underlying muscles and sagging tissue. Excess skin (remove) \_\_\_\_\_ to create a more youthful look. If there is a double chin, a small incision usually (make) \_\_\_\_\_ under the chin, where it (hide) \_\_\_\_\_ by a natural crease, so that the fat may (remove) \_\_\_\_\_ by liposuction or by a restructuring technique. Once the incisions (stitch) \_\_\_\_\_ closed, dressings and a custom pressure wrap (apply) \_\_\_\_\_. It is important to note that throughout the entire procedure, the patient (monitor) \_\_\_\_\_ to insure his/her well-being.

The third stage (involve) \_\_\_\_\_ recovery. After the patient (rest) \_\_\_\_\_ in the recovery room, he/she (drive) \_\_\_\_\_ home by his/her companion. Most patients (experience) \_\_\_\_\_ some discomfort after the surgery, but medication (prescribe) \_\_\_\_\_ to help minimize it. Aside from taking pain medication, the patient (advise) \_\_\_\_\_ to keep his/her head elevated for a few days after the surgery to lessen any swelling. After a week (pass) \_\_\_\_\_, the doctor must (visit) \_\_\_\_\_ for a checkup.