

1. Research and publications

The Department attaches great importance to research and has carefully prioritized its research agenda according to local mental health care needs and the psychosocial context of the Gulf region in general, and Kuwait, in particular. The different areas identified include:

- A. Curriculum review and reforms
- B. Identification of psychologically distressed patients presenting in the medical settings
- C. Violence against the medical staff
- D. Psychiatric morbidity in the primary health care settings in Kuwait
- E. Psycho-social outcome of schizophrenia patients in Kuwait

Publications during the last 2 years

1. Alkhadhari S, Aseel AO, Mohammad IHA, Amina Abdullah Atwan AA, Alqudaihi F, Zahid MA. Mental and physical comorbidity in an Arab national primary health care setting. BMC Psychiatry, 2018; 18: 313. <http://doi.org/10.1186/s12888-018-1903-1908>
2. Alhumoud AQ, Zahid MA, Alkhadhari S. Forensic Mental Health in Kuwait: Between Western Laws and Conservative Society Lays a Challenge. J Forensic Sci & Criminal Inves 2018; 11 (2): 555806 DOI 10.19080/JFSCI.2018.11.555806
3. Alhumoud A, Zahid M, Ibrahim S, Syed T, Naguy A. Forensic psychiatry in Kuwait- characteristics of forensic psychiatry patients evaluated over one-year duration in the only available forensic psychiatry unit. Int J Law & Psychiatry, 2018; 60:
4. [The prevalence and clinical characteristics associated with Diagnostic and Statistical Manual Version-5-defined anxious distress specifier in adults with major depressive disorder: results from the International](#)

[Mood Disorders Collaborative Project](#). McIntyre RS, Woldeyohannes HO, Soczynska JK, Vinberg M, Cha DS, Lee Y, Gallagher LA, Dale RS, Alsuwaidan MT, Mansur RB, Muzina DJ, Carvalho A, Kennedy S. *Ther Adv Chronic Dis*. 2016 May;7(3):153-9. doi: 10.1177/2040622315627805. Epub 2016 Feb 1.

5. Alkhadhari S, Aseel AO, Mohammad IHA, Amina Abdullah Atwan AA, Alqudaihi F, Zahid MA. Prevalence of psychiatric morbidity in the primary health clinic attendees in Kuwait. *Journal of Affective Disorders*. 2016; 195: 15-20.
6. Al-Awadhi A, Atawneh F, Alalyan MY, Shahid AA, Al-Alkhadhari S, Zahid MA. Nurses' attitude towards patients with mental illness in a general hospital in Kuwait. *Saudi J Med Med Sci* 2017; 5:31-7.

2. Community service

The Department is committed to providing quality community services in a number of ways. Here are brief details of the services:

1. The Department contributes in different Faculty Committees including the Faculty Committee on Promotions, Promotions Review Committees, Curriculum Committee, Scholarship Committee, and Scientific Committee.
2. The academic staff members head different Hospital committees responsible for formulating policies and procedures for delivery of the Hospital psychiatric services and treatment guidelines for the mentally ill patients.
3. The Department staff members carry out assessments of patients referred from the Ministry of Justice from time to time to determine responsibility of the proclaimed offenders in the given offence.
4. The Department staff members carry out assessments of poorly performing students referred from different colleges from time to time to determine likelihood of psychiatric illness as possible reason for their underperformance.

6. Physical facilities

For both under-graduate and post-graduate teaching, the Kuwait Center for Mental Health (KCMH) facilities are utilized while the Faculty of Medicine and Health Sciences Centre facilities are utilized for some selected seminars and case demonstrations. The clinical skills labs are used for end of course Mini C Ex and final OSCE Exams.

Here are the details of the facilities utilized.

A. Kuwait Center for Mental Health (KCMH)

Location	Teaching activity
Doctors ' offices and Seminar rooms, (KCMH)	Problem based learning (PBL)
In-patient & Out-patient settings, KCMH	Patient Clerking sessions
Multi-purpose Hall, G Floor, KCMH	Case Conferences

B. Faculty of Medicine (FOM)

❖ Ground floor

Location	Teaching activity
Abdul Razzak auditorium, G Floor, FOM	Medical School day (MSD)
Seminar rooms, G Floor, FOM	Seminars
Clinical Skills lab, G Floor, FOM	End of Course & Final Exams

❖ **Fourth floor**

Room	Designation	Usage
460A	Researcher's Office	Data entry/analysis
460 B	Dr. M. A. Zahid Office	Administrative/academic/research work
460 C	Dr. Mariam Alawadhi Office	Academic/research work
460 D	Dr. Mohammad Alsuwaidan Office	Academic/research work
460 E	Small Meeting room	Meeting room
460 F	Dr. Abdullah Al-Ozairi Office	Academic/research work
460 G	Senior Technician Office	Academic/research support work
460 H	Chief Technician Office	Academic/research support work
460 I	Records room	Room
460 J	Dr. Sulaiman Alkhadhari Office	Academic/research work
460 K	Secretary Office	Secretarial work