

Foundation 2; Week 1

TIME	Sun 01/02/2026	Mon 02/02/2026	Tue 03/02/2026	Wed 04/02/2026	Thu 05/02/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
09:00 – 09:50	<b>Medical Education, Lecture</b> Introduction to Foundation Block II (09:00 - 09:50) ID#1001	<b>Pathology, Lecture</b> Molecular basis of diseases (09:00 - 09:50) ID#9516	<b>Pathology, Lecture</b> Cellular response to stress (09:00 - 09:50) ID#2672	<b>Pharmacology, Lecture</b> Principles of Drug Action (09:00 - 09:50) ID#2459	<b>Psychology, Lecture</b> Personality and Social Development of Children (09:00 - 09:50) ID#667
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
10:10 – 11:00	<b>Pathology, Lecture</b> Introduction to Pathology (10:10 - 11:00) ID#2670	<b>Psychology, Lecture</b> Psychological Development in Children (10:10 - 11:00) ID#73	<b>Pharmacology, Lecture</b> Introduction to Pharmacology (10:10 - 11:00) ID#2433	<b>Pathology, Lecture</b> Cell Injury and Cell Death (10:10 - 11:00) ID#3900	<b>Pathology, Lecture</b> Acute inflammation (10:10 - 11:00) ID#2674
11:10 – 12:00	<b>Psychology, Lecture</b> Introduction to Psychology (11:10 - 12:00) ID#63	<b>Microbiology, Lecture</b> Microbial ecology & transmission (11:10 - 12:00) ID#2758	<b>Psychology, Lecture</b> Cognitive Development of Children (11:10 - 12:00) ID#75	<b>Microbiology, Lecture</b> Gram-positive cocci (Staphyococcus Spp. & Streptococcus Spp.) (11:10 - 12:00) ID#2760	<b>Pharmacology, Lecture</b> Drug Receptors (11:10 - 12:00) ID#2435
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00 – 13:50	<b>Microbiology, Lecture</b> Introduction to Microbial Infections (13:00 - 13:50) ID#2777	Self Directed Learning	Self Directed Learning	Self Directed Learning	<b>Pathology, Small Group Discussion</b> Cell damage and inflammation I (13:00 - 14:50) ID#2680 <b>(MDLs 5,6 &amp; 7, SR-2 &amp; 3, LT 1-42, LT 1-44)</b>
14:00 – 14:50	Self Directed Learning			Self Directed Learning	
15:00 – 15:50					

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 2

TIME	Sun 08/02/2026	Mon 09/02/2026	Tue 10/02/2026	Wed 11/02/2026	Thu 12/02/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
09:00 – 09:50	<b>Psychology, Lecture</b> Nature of Learning (09:00 - 09:50) ID#77	<b>Pathology, Lecture</b> Disturbances of fluid and electrolyte balance (09:00 - 09:50) ID#2833	<b>Pathology, Lecture</b> Chronic Inflammation (09:00 - 09:50) ID#2676	<b>Pathology, Lecture</b> Healing and Repair (09:00 - 09:50) ID#2678	<b>Pharmacology, Lecture</b> Pharmacokinetics- IV (Applied Pharmacokinetics) (09:00 - 09:50) ID#2437
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
10:10 – 11:00	<b>Psychology, Lecture</b> Classical Conditioning (10:10 - 11:00) ID#78	<b>Psychology, Lecture</b> Adolescent Development (10:10 - 11:00) ID#658	<b>Psychology, Lecture</b> Sensation & Sensory Processes (10:10 - 11:00) ID#68	<b>Psychology, Lecture</b> Perception 1: Object Relationships and Distance Perception (10:10 - 11:00) ID#69	<b>Pathology, Lecture</b> Fracture healing (10:10 - 11:00) ID#2827
11:10 – 12:00	<b>Psychology, Lecture</b> Operant Conditioning (11:10 - 12:00) ID#80	<b>Pharmacology, Lecture</b> Pharmacokinetics- II (Drug Metabolism) (11:10 - 12:00) ID#2474	<b>Pharmacology, Lecture</b> Pharmacokinetics- III (Drug Excretion) (11:10 - 12:00) ID#9043	<b>Psychology, Lecture</b> Perception 2: Motion Perception, Constancy, and Object Recognition (11:10 - 12:00) ID#685	Self Directed Learning
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00 – 13:50	<b>Pharmacology, Lecture</b> Pharmacokinetics- I (Drug Absorption & Distribution) (13:00 - 13:50) ID#2472	Self Directed Learning	Self Directed Learning	<b>Pathology, Lecture</b> Atherosclerosis, Thrombosis, Embolism, Infarction (13:00 - 13:50) ID#2682	<b>Pathology, Small Group</b> Discussion Chronic Inflammation and Repair (13:00 - 14:50) ID#9062 <b>(MDLs 1,2,5,6 &amp; 7, SR-2 &amp; 3)</b>
14:00 – 14:50	Self Directed Learning			Self Directed Learning	
15:00 – 15:50					Self Directed Learning

Learning Topics:

WK2: **Microbiology, Brucella & Bordetella, ID#9518**

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 3

TIME	Sun 15/02/2026	Mon 16/02/2026	Tue 17/02/2026	Wed 18/02/2026	Thu 19/02/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
09:00 – 09:50	<b>Psychology, Lecture</b> Structure and Organisation of Memory (09:00 - 09:50) ID#82	<b>Pathology, Lecture</b> Haemodynamic disorders, Shock (09:00 - 09:50) ID#2684	<b>Ethics/Professionalism, Lecture</b> Core Values of Medicine (09:00 - 09:50) ID#1025	<b>Microbiology, Small Group Discussion</b> Gram negative bacilli: Escherichia coli,, Klebsiella, and Proteus (09:00 - 09:50) ID#2765 <b>(LT 1-44, SR-2,3,4,5)</b>	<b>Microbiology, Small Group Discussion</b> Pneumococcus. & Enterococci (09:00 - 09:50) ID#9520 <b>(LT 1-44, SR-2,3,4,5)</b>
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
10:10 – 11:00	<b>Psychology, Lecture</b> Properties of Different Memory Processes (10:10 - 11:00) ID#684	<b>Microbiology, Lecture</b> Intestinal & Luminal Protozoa: Giardiasis, Cryptosporidiasis & Trichomoniasis. (10:10 - 11:00) ID#2779	<b>Microbiology, Lecture</b> Intestinal & Luminal Protozoa: Amoebiasis (10:10 - 11:00) ID#9047	<b>Ethics/Professionalism, Lecture</b> Clinical Ethics and Societal Norms (10:10 - 11:00) ID#1044	<b>Pharmacology, Lecture</b> Pharmacogenetics (10:10 - 11:00) ID#2439
11:10 – 12:00	<b>Psychology, Lecture</b> Basic Motives: Homeostatic Systems (11:10 - 12:00) ID#83	<b>Psychology, Lecture</b> Sleep and Consciousness (11:10 - 12:00) ID#659	<b>Microbiology, Lecture</b> Corynebacterium spp. & Listeria spp (Corynebacterium diphtheriae, Diphtheroid spp. & Listeria spp.) (11:10 - 12:00) ID#2773	<b>Microbiology, Lecture</b> Protozoal Infection: Toxoplasmosis. (11:10 - 12:00) ID#9526	<b>Microbiology, Lecture</b> Parvobacteria (Haemophilus) (11:10 - 12:00) ID#2763
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00 – 13:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
14:00 – 14:50					
15:00 – 15:50					

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 4

TIME	Sun 22/02/2026	Mon 23/02/2026	Tue 24/02/2026	Wed 25/02/2026	Thu 26/02/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	<p style="text-align: center;"><b>National &amp; Liberation Day Holiday</b> (Subject to Civil Service Commission)</p>	<p style="text-align: center;"><b>National &amp; Liberation Day Holiday</b> (Subject to Civil Service Commission)</p>
09:00 – 09:50	<b>Microbiology, Lecture</b> Vibrios, Campylobacter & Helicobacter (09:00 - 09:50) ID#2771	<b>Pathology, Lecture</b> Neoplasia-definition, classification, benign vs malignant (09:00 - 09:50) ID#2688	<b>Pharmacology, Lecture</b> Adrenergic System (II) - Adrenergic agonists (09:00 - 09:50) ID#2481		
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break		
10:10 – 11:00	<b>Microbiology, Lecture</b> Blood protozoa (Malaria: Epidemiological characteristic & modes of transmission) (10:10 - 11:00) ID#2712	<b>Microbiology, Lecture</b> Blood protozoa (Malaria: diagnostic, treatment and prevention) (10:10 - 11:00) ID#2781	<b>Microbiology, Lecture</b> Mycoplasma and chlamydia (10:10 - 11:00) ID#3000		
11:10 – 12:00	<b>Pharmacology, Lecture</b> Autonomic Nervous System - Introduction (11:10 - 12:00) ID#2441	<b>Pharmacology, Lecture</b> Adrenergic System (1) - The adrenergic neuron (11:10 - 12:00) ID#2479	<b>Microbiology, Lecture</b> Blood and Tissue Protozoa: Leishmaniasis & Trypanosomiasis (11:10 - 12:00) ID#9529		
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break		
13:00 – 13:50	<b>Microbiology, Lecture</b> Legionella (13:00 - 13:50) ID#2992	Self Directed Learning	Self Directed Learning		
14:00 – 14:50	Self Directed Learning				
15:00 – 15:50					

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 5

TIME	Sun 01/03/2026	Mon 02/03/2026	Tue 03/03/2026	Wed 04/03/2026	Thu 05/03/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
09:00 – 09:50	<b>Microbiology, Lecture</b> Helminthes infections (Blood and tissue nematodes: Filariasis) (09:00 - 09:50) ID#2789	<b>Pathology, Lecture</b> Carcinogenesis II (09:00 - 09:50) ID#2694	<b>Pathology, Lecture</b> Plasma proteins in diagnosis and management (09:00 - 09:50) ID#2706	<b>Microbiology, Small Group</b> Discussion Salmonella and shigella (09:00 - 09:50) ID#9014 <b>(LT 1-44, SR-2,3,4,5)</b>	<b>Ethics/Professionalism, Lecture</b> Clinical Ethics and Societal Norms of Kuwait (Islamic Context) (09:00 - 09:50) ID#1073
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
10:10 – 11:00	<b>Microbiology, Lecture</b> Picornaviruses (10:10 - 11:00) ID#2801	<b>Microbiology, Lecture</b> Herpesviruses (10:10 - 11:00) ID#2791	<b>Microbiology, Lecture</b> Anaerobes (Clostridium spp. Bacteroides) (10:10 - 11:00) ID#2811	<b>Microbiology, Lecture</b> Trematodes (Schistosomiasis) (10:10 - 11:00) ID#2803	<b>Microbiology, Lecture</b> Zoonotic infections (Cestodes: Taeniasis & Hydatid disease) (10:10 - 11:00) ID#2783
11:10 – 12:00	<b>Pathology, Lecture</b> Carcinogenesis I (11:10 - 12:00) ID#2710	<b>Microbiology, Lecture</b> Neisseria spp (Neisseria gonorrhoeae, N. Meningitides) (11:10 - 12:00) ID#2767	<b>Microbiology, Lecture</b> Mycobacterium. (11:10 - 12:00) ID#2769	<b>Microbiology, Lecture</b> Orthomyxoviruses & Paramyxoviruses (11:10 - 12:00) ID#2795	<b>Microbiology, Lecture</b> Hemorrhagic fever viruses (11:10 - 12:00) ID#2813
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00 – 13:50	<b>Pharmacology, Lecture</b> Adrenergic System (III) - Adrenergic antagonists (13:00 - 13:50) ID#2443	Self Directed Learning	Self Directed Learning	Self Directed Learning	<b>Pathology, Small Group</b> Discussion Neoplasia I (13:00 - 14:50) ID#2696 <b>(MDLs 1,2,5,6 &amp; 7, SR-2 &amp; 3)</b>
14:00 – 14:50	Self Directed Learning				
15:00 – 15:50				Self Directed Learning	

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 6

TIME	Sun 08/03/2026	Mon 09/03/2026	Tue 10/03/2026	Wed 11/03/2026	Thu 12/03/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
09:00 – 09:50	<b>Psychology, Lecture</b> Basic Motives: Hunger (09:00 - 09:50) ID#84	<b>Pharmacology, Lecture</b> Cholinergic system I (09:00 - 09:50) ID#2483	<b>Microbiology, Lecture</b> Hepatitis Viruses (09:00 - 09:50) ID#2793	<b>Psychology, Lecture</b> Stress: Basic Concepts (09:00 - 09:50) ID#98	<b>Pathology, Lecture</b> Neoplasia-spread, metastasis (09:00 - 09:50) ID#2692
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
10:10 – 11:00	<b>Psychology, Lecture</b> Emotions: Role of Perception and Cognition (10:10 - 11:00) ID#86	<b>Microbiology, Lecture</b> Intestinal nematodes (Entrobiasis & Strongyloidiasis) (10:10 - 11:00) ID#9524	<b>Microbiology, Lecture</b> Soil Transmitted Helminths (Ascariasis, Hookworm infection) (10:10 - 11:00) ID#2881	<b>Psychology, Lecture</b> Stress and Illness (10:10 - 11:00) ID#7004	<b>Pharmacology, Lecture</b> Neuromuscular Blockers (NMB) (10:10 - 11:00) ID#2445
11:10 – 12:00	<b>Psychology, Lecture</b> Emotions: Role of Autonomic Arousal (11:10 - 12:00) ID#87	<b>Ethics/Professionalism, Lecture</b> Professionalism in Medicine (11:10 - 12:00) ID#1054	<b>Microbiology, Lecture</b> DNA viruses: ADENO-, POX-, PAPILOMA- & POLYOMAVIRUSES (11:10 - 12:00) ID#2799	<b>Pharmacology, Lecture</b> Cholinergic system 2 (11:10 - 12:00) ID#2485	<b>Microbiology, Lecture</b> Immunity & Immune Evasion mechanisms (11:10 - 12:00) ID#9045
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00 – 13:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	<b>Pathology, Small Group</b> Discussion Neoplasia II (13:00 - 14:50) ID#9063 <b>(MDLs 1,2,5,6 &amp; 7, SR-2 &amp; 3)</b>
14:00 – 14:50					Self Directed Learning
15:00 – 15:50					

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 7

TIME	Sun 15/03/2026	Mon 16/03/2026	Tue 17/03/2026	Wed 18/03/2026	Thu 19/03/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	<p style="text-align: center;"><b>Eid Holidays</b> (Subject to Civil Service Commission)</p>	<p style="text-align: center;"><b>Eid Holidays</b> (Subject to Civil Service Commission)</p>
09:00 – 09:50	<b>Psychology, Lecture</b> Disability, Impairment and Handicap (09:00 - 09:50) ID#2722	<b>Microbiology, Small Group</b> Discussion Pseudomonas and Non-fermenters (09:00 - 09:50) ID#9522 <b>(LT 1-44, SR-2,3,4,5)</b>	<b>Medical Education, PBL</b> Introduction to Problem Based Learning (PBL)-2 (09:00 - 09:50) ID#2861		
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break		
10:10 – 11:00	<b>Psychology, Lecture</b> Genes and Behaviour (10:10 - 11:00) ID#74	<b>Medical Education, PBL</b> Introduction to Problem Based Learning (PBL)-1 (10:10 - 11:00) ID#2857	<b>Psychology, Lecture</b> Personality and Behaviour Pattern in Health and Illness (10:10 - 11:00) ID#2994		
11:10 – 12:00	<b>Psychology, Lecture</b> Patient Compliance (11:10 - 12:00) ID#7003	<b>Microbiology, Lecture</b> Retroviruses (11:10 - 12:00) ID#2797	<b>Pharmacology, Lecture</b> Paediatric / Geriatric Pharmacology (11:10 - 12:00) ID#2451		
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break		
13:00 – 13:50	Self Directed Learning	Self Directed Learning	Self Directed Learning		
14:00 – 14:50					
15:00 – 15:50					

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 8

TIME	Sun 22/03/2026	Mon 23/03/2026	Tue 24/03/2026	Wed 25/03/2026	Thu 26/03/2026
08:00 – 08:50	<div style="background-color: yellow; padding: 5px; display: inline-block;"> <b>Eid Holidays</b>                      (Subject to Civil Service Commission)                 </div>	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
09:00 – 09:50		<b>Microbiology, Small Group</b> Discussion Spirochetes (Treponema, Borrellia and Leptospira) (09:00 - 09:50) ID#2775 <b>(LT 1-44, SR-2,3,4,5)</b>	<b>Behavioural Science, Lecture</b> Death & Dying (09:00 - 09:50) ID#106	<b>Psychology, Lecture</b> Psychology of Aging (09:00 - 09:50) ID#110	<b>Ethics/Professionalism, Lecture</b> Core Values of Medicine Revisited (09:00 - 09:50) ID#1061
09:50 – 10:10		Coffee Break	Coffee Break	Coffee Break	Coffee Break
10:10 – 11:00		<b>Pharmacology, Lecture</b> Introduction to Antimicrobials (10:10 - 11:00) ID#2447	Self Directed Learning  <b>Multidisciplinary, PBL</b> Practice PBL I: Session 1 (10:30 - 12:00) ID#2871	<b>Psychology, Lecture</b> Defining Abnormality (10:10 - 11:00) ID#23	<b>Psychology, Lecture</b> Theories of Intelligence (10:10 - 11:00) ID#88
11:10 – 12:00		Self Directed Learning		<b>Psychology, Lecture</b> Treatment Evaluation & Placebo Effects (11:10 - 12:00) ID#112	<b>Microbiology, Lecture</b> Introduction to Fungal Pathogens (11:10 - 12:00) ID#2805
12:00 – 01:00		Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00 – 13:50		Self Directed Learning	<b>Pharmacology, Lecture</b> Antineoplastics (13:00 - 13:50) ID#2449	<b>Pathology, Lecture</b> Cell and Tissue Accumulation (13:00 - 13:50) ID#2701	<b>Microbiology, Small Group</b> Discussion Yeasts infections and dimorphic fungi (Candida- Cryptococcus and Histoplasma) (13:00 - 14:50) ID#2809 <b>(MDLs 1,2,5,6 &amp; 7, SR-2 &amp; 3)</b>
14:00 – 14:50				Self Directed Learning	
15:00 – 15:50					Self Directed Learning

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 9

TIME	Sun 29/03/2026	Mon 30/03/2026	Tue 31/03/2026	Wed 01/04/2026	Thu 02/04/2026
08:00 – 08:50	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning	Self Directed Learning
09:00 – 09:50	<b>Psychology, Lecture</b> Psychological Treatment of Mental Disorders (09:00 - 09:50) ID#2664	<b>Pathology, Lecture</b> Laboratory investigation of lipid disorders (09:00 - 09:50) ID#2835	<b>Pharmacology, Lecture</b> Toxicology (09:00 - 09:50) ID#2457	<b>Behavioural Science, Lecture</b> Psychological Issues at the End of Life (09:00 - 09:50) ID#107	
09:50 – 10:10	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break
10:10 – 11:00	<b>Psychology, Lecture</b> CBT I (10:10 - 11:00) ID#2704	<b>Multidisciplinary, PBL</b> Practice PBL I: Session 2 (10:10 - 12:00) ID#2873	<b>Pathology, Lecture</b> Ageing and age-related cellular changes (10:10 - 11:00) ID#2714	<b>Pharmacology, Lecture</b> Drug Interactions (10:10 - 11:00) ID#2455	Self Directed Learning
11:10 – 12:00	<b>Psychology, Lecture</b> CBT II (11:10 - 12:00) ID#2660		<b>Pharmacology, Lecture</b> Adverse Drug Reactions (11:10 - 12:00) ID#2453	<b>Pathology, Lecture</b> Nutritional Disorders (11:10 - 12:00) ID#2998	
12:00 – 01:00	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
13:00 – 13:50	Self Directed Learning	<b>Microbiology, Lecture</b> Moulds (Filamentous fungi) (13:00 - 13:50) ID#2807	Self Directed Learning	Self Directed Learning	Self Directed Learning
14:00 – 14:50		Self Directed Learning			
15:00 – 15:50					

**Note: All lectures will be held in LT 1-44, unless otherwise specified**

Foundation 2; Week 10

TIME	Sun 05/04/2026	Mon 06/04/2026	Tue 07/04/2026	Wed 08/04/2026	Thu 09/04/2026
08:00 – 08:50	Self Directed Learning	<p style="text-align: center;"><b>Assessment Paper I</b></p> <p style="text-align: center;"><b>(Provisional End-of-Assessment date The exact date, time &amp; venue will be announced by the Office of the Student Affairs 2-3 weeks before the actual assessment )</b></p>	Self Directed Learning	Self Directed Learning	<p style="text-align: center;"><b>Assessment Paper II</b></p> <p style="text-align: center;"><b>(Provisional End-of-Assessment date The exact date, time &amp; venue will be announced by the Office of the Student Affairs 2-3 weeks before the actual assessment )</b></p>
09:00 – 09:50					
09:50 – 10:10	Coffee Break		Coffee Break	Coffee Break	
10:10 – 11:00	Self Directed Learning		Self Directed Learning	Self Directed Learning	
11:10 – 12:00					
12:00 – 01:00	Lunch Break		Lunch Break	Lunch Break	
13:00 – 13:50	Self Directed Learning		Self Directed Learning	Self Directed Learning	
14:00 – 14:50					
15:00 – 15:50					