

Practice Final Part III [KEY]

Written Language

Directions: For each of the following sentences, decide if one of the four underlined words or phrases is incorrect. If all four underlined sections are correct, then select E. (*These sentences are related.*)

Panic Disorder

IV. Treatment—combination of medications & psychotherapy

- A. Medications—2 types most helpful
 - 1. antidepressants
 - a. alter level of serotonin in brain
 - b. example: selective serotonin reuptake inhibitors
 - 2. anti-anxiety drugs, e.g. benzodiazepines
- B. Cognitive behavioral therapy (typically)—12 weeks, while taking medication
 - 1. change thinking patterns (trigger fears)
 - 2. replace distorted thoughts w/ new thoughts (more realistic)
 - 3. sometimes—re-create physical symptoms of panic attacks
 - a. in safe environment, e.g. therapist’s office
 - b. example—may be asked to hold breath
 - i. helps become less afraid of feelings of suffocation
 - ii. helps gain control over feelings of suffocation

31) The sentence for A. 1. a & b and 2.:

The two types of medication that are most helpful for patients with this disorder
A
 are antidepressants, such as selective serotonin reuptake inhibitors, which alter
B C
a level of serotonin in the brain, and anti-anxiety drugs, including
D
 benzodiazepines. Correct
E

Wrong Article

32) The sentence for B.:

Whereas the patient is taking medication, cognitive behavioral therapy is
A B
 typically carried out for 12 weeks. Correct
C D E

Coh: wrong transition

33) The sentence for B.1.2:

This therapy involves changing thinking patterns that trigger fears and replacing
A B C
 distorted thoughts with new thoughts that are more realistic. Correct
D E

Coh – repetition: “with new ones”

34) The sentence for B.3.b.i.ii:

For example, the patient may be asked to hold her breaths, which helps her
A B
 become less afraid of her feelings of suffocation and helps her gain control over
C D
 them. Correct
E

Noun #

40) **The sentence for C.5:**

With repeated exposure, the sufferer of panic disorder can begin to feel a sense of
A B C D
control over the frightening situation. Correct
E *Idea: begins, not can begin*